IF YOU EXPERIENCE SYMPTOMS DURING A FLIGHT, TELL THE CREW AND TELL THEM YOUR TRAVEL HISTORY!

If you feel sick within 14 days of returning from China or other countries where an outbreak of the disease has been registered, such as fever, coughing or difficulty breathing, call one of the phone numbers on the back of the flyer, closest to your place of residence! Tell your doctor about your health status and travel history!

Your health and the health of your companions depend on your awareness and maintenance of personal and collective hygiene!

Contact phone numbers:
- CPH Bitola – 071261330
- CPH Veles – 071 219 278
- LU Gevgelija – 078 545 444
- CPH Kochani – 071 373 913
- CPH Kumanovo – 070 215 851
- CPH Ohrid – 070 723 029
- CPH Prilep – 076 475 747
- CPH Skopje – 071 289 614
- CPH Strumica – 072 235 543
- CPH Tetovo – 075 240 464
- LU Gostivar – 076 365 161
- CPH Shtip – 078 365 613
- IPH Skopje – 078 387 194
- HC Hello doctor (Ato doktore) – 02/15 123

INFORMATION FOR THE GENERAL POPULATION
January, 2020

Novel Coronavirus (2019-nCoV)

RECOMMENDATIONS FOR TRAVELERS

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50-та Дивизија 6, 1000 Skopje
Tel: +389 02-3125 044
Fax: +389 02-3223 354
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Key facts:
The novel coronavirus (2019-nCoV) is the causative agent of an acute viral respiratory infection which is currently being registered as an outbreak in the city of Wuhan, China. Human-to-human transmission of the virus is possible, although it is not yet known how easily the virus is transmitted between humans. Initial experience suggests that older people and people with chronic diseases are at increased risk of complications and severe forms of the disease. Passengers coming from China may be asked about their health status and travel history by the Skopje airport health services and if necessary, further measures will be taken, following prescribed procedures, to reduce the risk of importation of a coronavirus infection.

What are the symptoms of the disease?
- fever,
- cough,
- difficulty breathing.

The disease can cause serious complications that can impair the function of the:
- respiratory system,
- cardiovascular system,
- kidneys.

The disease can range from mild to severe with a possible fatal outcome.

Treatment of infected persons is symptomatic.

There is no available vaccine to prevent coronavirus disease.

What can travelers protect themselves and others?

IF YOU ARE TRAVELING TO CHINA OR OTHER PLACES/ COUNTRIES WHERE AN OUTBREAK OF THIS DISEASE HAS BEEN REGISTERED, IT IS NECESSARY:

To avoid close contact with people with acute respiratory infections;

To avoid close contact with live or dead animals, animal markets and animal products;

Do not consume undercooked animal products;

Wash your hands with soap and water regularly and thoroughly for at least 20 seconds;

Use alcohol wipes or disinfectants if soap and water are not available to you.

What do if symptoms of the disease occur?

If you have traveled to China, or other places/ countries where an outbreak of this disease has been registered and you feel sick, having fever, coughing or having difficulty breathing you should:

- Seek immediate medical help;
- Avoid contact with other people;
- Not travel while you are sick;
- When coughing and sneezing, cover your nose and mouth with disposable wipes. Dispose the used wipes in a trash can;
- If you do not have a handkerchief, cover your mouth and nose with your hand bent at the elbow;

Elderly people and persons with chronic diseases who are at increased risk of complications need to be particularly careful and if possible to delay traveling.